

# Urination Pain - Symptom (Male)

## Definition

- Pain, burning or stinging when passing urine
- Suspect pain if a young child starts to cry while passing urine
- The feeling of "can't wait" to pass urine may occur. This is called urgency.
- Passing urine more often than normal. This is called frequency.

## Health Information

### Causes

- **Meatitis.** The pain can be caused by redness at the penis opening. The irritation can be from long bubble baths. The urine sample will be normal.
- **Bladder or kidney infections** (urinary tract infections) are possible at any age.
- **STD.** In teenagers, pain when passing urine can be from diseases spread during sex. A pus-colored discharge may come out of the penis. (called drip)

### Diagnosis

- A urine sample needs to be checked to make the correct diagnosis.

## Care Advice

1. **Overview:**
  - Pain with passing urine is never normal.
  - All children with painful urination need a urine checked.
  - Until a urine test is done, here is some care advice that should help.
2. **Give More Fluids:**
  - Give extra fluids to drink.
  - Reason: Dilutes the urine so that it does not sting.
3. **Pain Medicine:**
  - For pain when passing urine, give a pain medicine.
  - Give acetaminophen (such as Tylenol) or ibuprofen.
  - Use as needed.
4. **Avoid Soap:**
  - Avoid bubble baths.
  - Avoid getting soap on the opening at the head of the penis.
5. **What to Expect:**
  - If soap is the cause, the pain should go away within 24 hours.
6. **Return to School:**
  - Even if your child has a bladder infection, it cannot be spread to others.
  - Your child does not need to miss any school or child care.

## Call Your Doctor If

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- Pain when passing urine becomes severe
- Fever occurs
- You think your child needs to be seen
- Your child becomes worse

### **Pediatric Care Advice**

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